

# ESSENDON

## WATER POLO CLUB

Official Club Newsletter

essendon

water polo



## 2019 Winter Competition – Round 7

### WSL2

Monash was our opponent this week and the last time we played them, we knocked them out of the Summer comp finals. It was going to be physical. The night got off to a family affair with Cathy opening the scoring with a beautiful shot into the top corner, Alex followed suit with a goal shortly after. Lisa W added our third goal for the quarter with a penalty. Up 3-1 at quarter time the coach's talk was all about helping each other all round the pool. We did this with Camille scoring first, then Phoebe while we kept Monash to just one. At halftime we had a 3 goal lead, but were knew we had to build on that. The 3rd quarter was some of the best water polo we have played since dropping into SL2. Goals came to Olivia R, Phoebe and two to Alex (one a penalty) but these were all over shadowed by LisaAndo's driving shot and follow up to finally see the ball safely in the back of the cage. A dominating quarter, up 10-2. All the talk at 3/4 time was about the dirty player from Monash. A leopard never changes its spots. She was under the watchful eyes of the same two refs from our 16's game (who were great) and she was spending more time swimming to the bench than playing the game, while Cathy added another two goals and Ash shot a nice goal.

*Report by Darren Steere*

**Essendon defeated Monash Sea Lions : 14 – 2**

Goals : Cathy 3, Alex 3, Phoebe 2, LisaW 2, Olivia 1, Camille 1, LisaAndo 1, Ashleigh 1

### WSL3

With StCaths on top of the ladder undefeated, this week's game was all about determining who would be playing them in the grand final. We had to win this game to guarantee our place. So word went out early to make that point and get enthusiasm and commitment and everyone pumped up. On the night, texts started rolling in with 4 players announcing they were running late... and we only had 9 available! Being at Melb High, the pool needed to be set up so we wasted some valuable minutes there as our girls started rolling in. In the end, we started with 8 and our ninth rocked up for the second quarter. MU were switched on too knowing what was at stake, and scored the first goal within 30secs. We steadied down but spent a long time swimming back and forth

before Gaby secured our first. The second quarter saw MU gain the upper hand. We were caught out in defense a couple of times, and despite Sandra's long arms they put three away. We weren't laying idle though, and Gaby put another 2 in securing a hatrick. So we swapped ends down 3-4. Without the shot clock working, we needed to take advantage of this and keep possession as long as possible, working the ball round. Our attacks had been short and sharp with more shots missed than going in – so we focused on better setup and passing accuracy to improve our chances or scoring. In the third, Amelia came through with the goods and we kept MU goalless. So we started the final quarter on equal footing at 4-4. The atmosphere was electric, everyone was nervous, calves were cramping, ventolin was puffing and we all sprinted out of the blocks like Makybe Diva on Cup Day despite being bugged. Great work in attack with Sher, Gab and Sally all swimming hard to create opportunities but Amelia got the job done in the end, scoring another 2. MU pegged one back but Heidi, Georgia and LisaMS continued to apply the defensive pressure and with Sandra on fire in goals, we thwarted their desperate attempts as the clock ticked down and the final whistle blew. A slender win – but we are through! We are in the Grand Final game – irrespective of next week's result. Great game under pressure ladies!

**Essendon defeated Melbourne University : 6 – 5**

*Report by Lisa Murray-Segal*

Goals : Gaby 3, Amelia 3

WEEKLY WRAP



# 2019 Winter Competition – Round 7

## YthG



Claudia

It was a daunting sight in the warmup, as NYP dragons had 13 players throwing the ball around, while our six girls were eagerly awaiting Claudia's sister Olivia to get changed to play her first game for the 16s. Starting a player down, had put a steely look in our girls eyes. And we were on from the word go. Great defensive pressure lead to NYP turning the ball over and this lead to Camille and Olivia R slotting in a goal each. NYP got a goal back right on the siren but we lead 2-1. Enter Olivia C for her first game and made the teams even. This allowed Jess a bit of one on one at CF and this resulted in two goals. Claudia kick started her night with a nice goal giving us a 5-2 lead at halftime. The third quarter was the Claudia and Jess show as they finished off a lot of good play by Camille, Lara at CB and Miranda in goals, scoring 3 and 2 respectively. Olivia C had slotted into the side beautifully. Comfortably ahead at 10-2 we finished the last quarter with goals to Camille, Claudia and Olivia R. A well played, controlled game that was terrifically well reffed.

Report by Darren Steere

**Essendon defeated the NYP Dragons : 13 – 4** Goals : Claudia 5, Jessica 4, Camille 2, Olivia R 1

## MSL6

Like the WSL3 game, we needed a win this week to lock in a grand final place. With Ajax currently 2<sup>nd</sup>, we knew they would throw everything at us. But we were up for it. Highlights included :

New player Vince gets BOG – 6 goals scored, with 4 in the final quarter

(his last effort with 1 sec on the clock, 5m out, gets the top corner #showoff)

Lucas an honorable mention with 4 goals

MattyR was awesome in goals playing an exceptional game

Good leadership on display from Bryan, who only missed 3 goals

(OK he did score a couple and copped a belting in the head)

Special mention to Dean, who forwent the honeymoon to play, great sacrifice.

Great bench play from Marcus

Whilst we won the first quarter, we let them catch us over the next 2. Thankfully we managed to get back on track for the last. Thankyou to Vince's sister for doing our table duty.

Report by Marcus Jones and Bryan Wee

**Essendon defeated Ajax : 14 – 8** Goals : Vince 6, Lucas 4, Bryan 2, Luke 1, Dean 1



## YthG GAME NIGHT ACTION

Photos courtesy of Torben Fink-Jensen (see more on facebook)

## 2019 Winter Competition – Ladders after Round 7

### WSL2/JnrW

Melbourne Uni	19
Monash Penguins	16
Essendon	15
NYP Dragons	12
Footscray	12
Monash Sea Lions	9

### WSL3

St Caths	21
Essendon	19
Melbourne Uni	14
La Trobe Uni	13
Monash Uni	9
NYP Dragons	8

### YthG

Richmond	21
Footscray	19
Essendon	14
NYP Dragons	12
Melb Collegians	11

### MSL6\*

Essendon	18
Ajax	14
NYP Dragons	13
M-Surge Leviathan	13
Monash Uni	8
M-Surge Kaiju	6

\*Ladder after R6

Richmond 18s	19
Melb Collegians 18s	16
DVE Aquatic 18s	14

## GRAND FINAL GAMES

### WSL2 GF

Tue Jun 18  
MSAC, Outdoor 1  
7.45pm

### WSL3 GF

Tue Jun 18  
MSAC, Outdoor 2  
7.00pm

### YthG GF

Tue Jun 18  
MSAC, Outdoor 1  
7.00pm

### MSL6 GF

Thur Jun 20  
MSAC, Outdoor 2  
7.45pm

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