



The Weekly Wrap



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The informal Newsletter of the Essendon Water Polo Club Inc.



Winter Competition - Round 7 Match Reports



Charlotte B

After the week off, our top girls were up against Monash. Several of the usual girls from Monash were missing and so it took a little while to sum up the game and get our mojo going. Once we did, it was all systems go as goals came from various sources and at regular intervals. Monash had no answer to our attacks and could not wriggle free to create opportunities of their own.

WSL1

Report by Brett Pullyblank

Essendon defeated Monash University : 13 –1

Goals : AlexC 5, Madeleine 4, CharlotteB 2, CathP 1, Phoebe 1



Clare P

The game started out a little shaky with the girls this week, not regularly playing together and so it took us a while to work out each other's strengths. NYP were man down for the game which took the pressure off a little but it took us until nearly half time to start using this to our advantage. We scored a couple of goals in the first quarter thanks to CharlotteR and Ando and followed up with a couple more in the second, which gave us a 2 goal lead heading into half time. NYP started to get frustrated in the second half which enabled us to get a few more easy goals. We played like a team in the second half and were able to come away with a good win.

WSL2

Report by Amelia Toohy

Essendon defeated the NYP Dragons : 8 – 5 Goals : ClareP 2, CharlotteR 2, LisaAndo 2, Amelia 1, Kate 1



Brittany

This week we faced top of the ladder side, La Trobe. Things didn't begin well, as we struggled to field a team with Sooz, Sandra and LisaAs all out. Again, we were lucky to gain 3 of the youth girls to boost our numbers on a night when all three of the Essendon State League teams were undermanned. Without a bench, we had to ensure we utilised everyone in the pool to our advantage, as there would be rest. This included rotating the goalie role to provide some relief to those "not so fit" swimmers. We started off strongly with a goal in the first 30 seconds thanks to Natalia. La Trobe then managed to get the ball up their end to try to score resulting in a goal. By the end of the first quarter La Trobe had another one on the board. It was 2 – 2. The second quarter was more impressive for us, defending well and Chelsea adding to the score giving us a 3-2 lead. LisaMS kept La Trobe at bay, stopping a lot of goal attempts, especially outside the 5m. By the third quarter, we were tiring, and La Trobe added another goal from a 5 meter penalty. But within a minute, we also drew a foul, and Natalia scored from the penalty. In the last quarter La Trobe added another 2 quick goals, which broke our spirit somewhat, but we managed to gain one final goal in the last minute, that saw us desperately trying to level the game. Whilst we came up short, this was a solid performance by all the girls, against a top side. A special thankyou to Chelsea, Natalia and Paris for playing with the "old girls" and of course the lovely Michelle Stellini for doing our table duty. Thanks for your support!

WSL3

Report by Brittany Page

Essendon were defeated by La Trobe University : 5 – 6 Goals : Natalia 4, Chelsea 1

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Winter Competition - Round 7 Match Reports



Paris

You can tell winter is here and for those still at school, it's also exam time. As a result the night started off with some logistical challenges trying to ensure all teams had 7 players. Thanks to LisaMS and Ando, and the flexibility of the youth girls we got there in the end. With the luxury of a spare, and Millie coaching from the sidelines (being unable to play, following a dental procedure) the game got underway. We were ready to show MC what we could do following the 2 challenging games we played last Sunday against Ovens & Murray, which although we lost, we showed we could hold our own (well done girls!). The first quarter started off slow, with the girls taking their time to settle in and using every opportunity to pass the ball around. It was great to see Lily back and as usual she was in the play early, scoring the only goal for the quarter. The second and third quarters saw the pace pick up and Essendon take control. We maintained the pressure in defence and were strong in attack. This combined with all girls swimming strongly. Chelsea made good position and found the back of the net, whilst Kate did not allow the ball to have a sniff of the cage. That saw 4 and 3 goals added to the scoreboard whilst MC were held scoreless. With the strong score line in place we were able to change the game plan somewhat in the 4th quarter, allowing the girls to play in different positions and build their confidence.

YthG

Report by Susan Mills

Essendon defeated Melbourne Collegians : 9 – 1 Goals : Lily 3, Aileen 2, Phoebe 2, Chelsea 1, Kate 1



Stuart

Having played all of the teams in the Competition, the SL4 boys this week faced Melb Uni Black again. While much improved since we met them in R2 when they played man down, the Rats felt we had their measure, even without Steerey (at least the ref was thankful!!). We started well, organised in attack and defending strongly, closing out the first half 8-1 up, after some superb shots on goal by Lesh and Kyle. We were more organised in attack this week, with Huck and Coxy rotating in the hole and the rest of us paired up and rotating off the bench at regular intervals. The third quarter saw us take our foot off their throats so to speak, letting in a couple of soft goals from 6m out. We responded in the last by pressing them hard in defence and playing out a good win. Despite a few wayward shots on goal, it was a good all round performance and another good win for Essendon.

MSL4

Report by Stuart Rayner

Essendon defeated Melbourne University Black : 11 – 4 Goals : Kyle5, Lesh 4, Andy 1, Joe 1



Leigh

This week, there was a sign of things to come as Eliot thumped out a win in the swim up for the first time of the season. The first half saw Essendon take a commanding 6 goal lead, with the use of a strong offensive spread feeding the ball into the centre forward with ease and swimming back hard to cover the Ajax quicks on the turnover. Again, on a winning streak Eliot continued to up the pace on the swim offs in the second half and won the ball easily. It was at this stage, that the four man bench and heavy rotations became a true advantage, with the boys exerting their physical brilliance with the majority of second half goals coming off steals and fast breaks. Gilbo was amazing in centre back continually sitting in front of the Ajax forward forcing weak outside shots our goal keeper gobbled

MSL5

up. The Ajax lads swam hard to the very end trying in vain to get a score on the board - but to no avail! A great 14 goal win to the boys...Happy Days! Vital stats include:

48 goalie saves

99% shot to goal (would have been 100% but Eliot missed one)

4 swim offs won, season high

Best in pool: everybody including the two Essendon lads on the table

Report by Dean Durrant

Essendon defeated Ajax: 14 – 0 Goals : TBC

2014 WINTER COMPETITION – Ladders after R7

WSL1		WSL2		WSL3		YthG		MSL4		MSL5 -Div2*	
Footscray	21	Melb Uni	18	LaTrobe Uni	19	Essendon	14	Essendon	17	Melb Coll	13
Essendon	18	Richmond	17	NYP Dragons	19	Ovens & Murray	12	DVE Aquatic	17	Melb Uni	13
NYP Dragon	17	NYP Dragons	16	DVE Aquatic	14	Richmond	8	Melb Uni Black	16	NYP Dragons	11
Monash Uni	11	St Cath's	16	Monash Uni	13	MC Marins	6	Old Melburnians	13	Essendon	11
Melb Coll	10	Essendon	14	Melb Uni Blue	13			La Trobe Uni	13	Monash Uni	11
		Footscray	12	Essendon	10			Melb Uni Blue	6	MelbSurge	8
		NYPDragons 18s	11							Ajax	8
		Monash Uni	7								

The top 2 teams play in the Grand final

* Ladder results after R6 (though not all R6 games have been included)