



The Weekly Wrap

www.essendonwaterpolo.asn.au

The informal Newsletter of the Essendon Water Polo Club Inc.



Winter Competition - Round 3 Match Reports



Madeleine

The SL1 team had a new face this week with our stand-in goalie from Richmond, Steph Webster. We came up against last year's premiers in Melb Collegians, although they were without their three USA imports. So it was our development Vs theirs... and it was never a contest. The game was played in reverse gear and only our inaccuracy in front of goal stopped a massacre. So the team directive was to do the simple things right. If girls could sleep in water, they would have, as the game petered out for a seven goal win.
WSL1
Report by Darren Steere
Essendon defeated Melbourne Collegians : 13 – 6
Goals : Madeleine 4, AlexC 2, Emily 2, CathP 2, Phoebe 1, CharlotteB 1, Millie 1



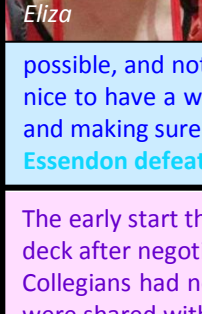
Lily

This week felt like our first real game of the season as we finally got the whole team together! With three on the bench we got off to a good start working out the competitions attacking strategies and developing a few of our own. We scored our first goal in extra man, which was soon followed by a goal from the opposition. And so went the first quarter, leaving the score tied 3 all! For the rest of the game we worked on our team positions and communication, focusing on dropping back on centre in defence and shooting out top in attack. Despite hard work from everyone (and a tiny little mistake by Cathy, mistaking the oppositions goals for ours!) we remained at 3 goals after the next 2 quarters. In the final quarter we had strong play with Rachel our leftie sneaking in a few awesome goals and Lily delivering a strong shot from centre. However sadly MU just got away from us.
WSL2
Report by Charlotte Russo
Essendon were defeated by Melbourne University : 6 – 9 *Goals : Lily 2, Rachel 2, Paris 1, Charlotte 1*



Eliza

For some reason it would seem that the weather is always cold, rainy and horrible on Tuesdays!!!! With 5 on the bench we were set for a good game. We were lucky enough to have a coach again this week, with Millie making herself available between her Youth game and SL1. She was quick to offer us some useful pointers during our first break. She gently... reminded us not to lob the ball from out past 5m. We were also reminded to take our time in attack and not end up making panic passes. We suffered a few kick outs, and anyone who didn't know us, would think we were rough as guts! Our defence held tight though – and MU couldn't capitalise on having the extra player. We made sure to make use of the bench throughout the game, but we need to make sure everyone gets equal amounts of playing time if possible, and not spending too long on the bench. We all swam our hearts out and this is evident in the results. It's nice to have a win on the books now, the only way is UP! Next week we will work on not crowding centre forward and making sure we spread out and use the whole 30 seconds we have.
WSL3
Report by Eliza Blackstock
Essendon defeated Melbourne University : 4 – 0 *Goals : Natalia 2, Madelyne 1, Eliza 1*



Millie

The early start threw up the usual challenges as the team assembled in dribs and drabs on pool deck after negotiating peak hour mayhem. As it turned out, this was our major challenge as Melb Collegians had no answer to our pressure defence and strong counter attack. The goal keeper duties and scoring were shared within the tem, as Essendon got their season off to a great start.
YthG
Report by Brett Pullyblank
Essendon defeated Melbourne Collegians : 14 – 1
Goals : Millie 4, Kate 2, Lily 2, Claire 2, CharlotteB 2, Paris 1, Aileen 1

Essendon defeated Melbourne Collegians : 14 – 1
Goals : Millie 4, Kate 2, Lily 2, Claire 2, CharlotteB 2, Paris 1, Aileen 1

SUPPORT OUR SPONSORS !

Financial Sponsors
 Essendon Football & Community Sporting Clubs
Discounted or Free Service Providers
 Steere Heating and Cooling / Page Tantau Chartered Accountants/ Donohoe Ice
Discounted or Free Goods
 Giraffe Corporate Clothing and Embroidery / Jones The Grocer / Startime Trophies

Winter Competition - Round 3 Match Reports



Kyle

The Essendon 4s took to the comfort of the MSAC diving pool this week with all 8 of our adoring fans looking on from the grandstand, and a few on the table to help out. This round saw us take on Latrobe Uni, who have made steady progression over the last few seasons and were a bit of an unknown prospect. This did not phase the guys though, as the mood in the Essendon camp on the night and this season is one of excitement and opportunity. We have enjoyed the addition of some new talent to the team to compliment the established line-up, and spirits are high with a full list raring to go. The 4's were buoyed by what was virtually an extra-man training night at last week's game with an 18 goal win against a team man-down all game. Latrobe were a full compliment this week though and more of a challenge. We sorted a starting 7 and away we went. The first quarter was a little scrappy as we settled in to the game and rotated the bench through to get everyone warmed up. The signs of things to come were there though as we had plenty of energy, defending aggressively and moving fast in attack. The second saw us continue with solid defence, robbing them of space to pass to their CF, and starting to really dominate in attack. We started creating and converting extra-man opportunities, and were passing to the 'on' player in general play, who was then able to score freely. At half time we committed to improving our centre-forward passes, but in to the third quarter it was apparent we were out-swimming La Trobe consistently in attack and scoring with fast breaks from some great long goal passes, negating the need to feed our CF's too much. We went to the final break 10 goals up and the last quarter was a chance to continue with our good work. A positive for the team was maintaining consistency with our play despite a high bench rotation, with the team able to meld well with any line-up in the water. A few minutes in to the last quarter and the heat was out of the game. The opposition did not offer too much resistance from then on. As the final hooter sounded I think I heard some faint applause from the grandstand... A confidence building win to prepare us for the weeks ahead!

MSL4

Report by Andrew Luedecke

Essendon defeated La Trobe University : 14 – 2 Goals : Kyle 5, Lesh 2, Tyrone 3, Rucus 2, Miguel, Joe 1



Eliot

What a game. It had it all and finished with a tight win to Essendon. It proved the importance of what a full press and good spread in offence can achieve against a well experienced team. Luckily the extra man play was covered in Mondays training session, as the Ref was strict on a few of the new rules as a string of ejections to Essendon ensued. But each time the 4-2 setup was adopted to great effect. The shot to goal percentage was a little higher than last weeks at 82% helped along by Eliot's 3 goals from outside shots. Some wondrous saves in goals including a 5m penalty helped keep the pressure on and maintained the momentum. Best in pool was everyone. Next weeks game is a against another team in speedos and the Essendon lads are ready to keep the winning streak alive.

MSL5

Report by Dean Durrant

Essendon defeated Melbourne Collegians : 9 – 7 Goals : TBC

2014 Winter Competition – Ladders after R3

WSL1		WSL2		WSL3		YthG		MSL4		MSL5 - Div2*	
Essendon	9	Melb Uni	9	LaTrobe Uni	9	Essendon	3	Essendon	7	Melb Uni	6
Footscray	9	Richmond	9	Melb Uni Blue	7	Richmond	3	Old Melburnians	7	Melb Coll	6
NYP Dragons	7	St Cath's	7	NYP Dragons	7	MC Marlins	2	DVE Aquatic	7	Essendon	4
Monash Uni	5	NYP Dragons	5	Monash Uni	7	Ovens & Murray	0	Melb Uni Black	7	Monash Uni	4
Melb Coll	3	Footscray	5	DVE Aquatic	5			La Trobe Uni	5	NYP Dragons	4
		Essendon	5	Essendon	5			Melb Uni Blue	2	Ajax	4
		NYPDragons 18s	5							MelbSurge	2
		Monash Uni	3								

The top 2 teams play in the Grand final

* Ladder after round 2 (round 3 results not entered yet)



2013 Presentation Night

FLASHBACK

